DL CLASS FLYERS (on pre-printed stationery)

|  |  |  |
| --- | --- | --- |
| **BROCHURE NAME** | **Course descriptions** |  |
| U3A Lifelong Learning | What is U3A?  U3A is a self-help, not-for-profit organization devoted to learning for the fun of learning while making new friends and keeping old ones. We offer a number of courses in Townsville mainland and Magnetic Island. There is an annual fee for membership and no limit to the number of courses you can attend. Class attendance costs are based on a small contribution to management expenses, venue and materials (where relevant)  *Our values:*   * Lifelong learning * Active mind and body * Sharing knowledge * Volunteering * Friendship * Supporting and encouraging others |  |
| Art & Craft & Music | Art at Thuringowa  This eclectic group meets to paint, draw, sculpt together (no teacher) and from time to time engages a professional artist to conduct a specialist workshop.  Art at Pimlico­  Painters in any medium – acrylic, watercolour, oils – meet to paint and share their experience.  Art Class Join artists Irene and Heather and share a friendly morning of art and creating. We can offer help and advice with your current artwork, and we can introduce you to the following artistic pleasures:   * Creating an art journal * Colour mixing * Working with complementary colours * Composition * Drawing * Working in different art mediums, watercolour, pastels, acrylic, charcoal and lots more * Question and answer   OR we can paint along with you and see what happens, work at your own pace and enjoy the morning. Hope to see you soon.  Beading  Beaders meet at the instructor’s home to get guidance, share materials, and work on their projects.  Craft/Card making  A large friendly group meets to work on their individual craft projects. Most members currently are engaged in card making but any craft is welcome.  Recorder Ensemble  Refresh your musical skills and play the recorder by joining the Recorder Ensemble. Our small group welcomes members and visitors to the island who are familiar with reading music and have played a musical instrument. The ensemble practices quartets for the descant, treble, tenor and bass recorders.  U3A Singers  Our group selects and sings songs for fun. Some songs we sing a *cappella,* some with guitar or piano accompaniment, some with backing CD. Our repertoire includes jazz standard, Sinatra, calypso, Irish, Australian, humorous and Sixties songs and Show tunes/musicals. We welcome members’ suggestions for new songs. New members are welcome- no experience necessary. |  |
| Books & Writing | Book Club  Each month members read a book provided by the Townsville City Library and discuss how they feel about the book.  Creative Writing  The format of this group is that members have been given a topic at the previous meeting to write a short piece about a poem for the coming meeting. Members read out their piece for the enjoyment or contemplation of the others – no commentary allowed. After a break and a chat, a table topic is presented and those present must write a piece or a poem using that topic in a strict five minutes. After the bell, each person reads their contribution – again, no feedback except for laughter when appropriate!  Fact or Fiction  For those who love to write —memoirs, biography, fantasy, novels, documentary — Peter Hurst will inspire and motivate you in a supportive environment.  Writers Workshop  There is more to writing than dotting the *i*’s and crossing the *t*’s. What’s your story? Workshop your efforts with a supportive group including published writers. |  |
| Cards & Games & Social | Canasta  Learn canasta and progress to more challenging versions of the game with this dedicated group.  Mah Jong  A friendly group where you can be taught the difficult game of Mah Jong. Twice a week you can play and give your brain cells a work-out.  Scrabble  Just for fun, meet friends and expand your vocabulary at the same time.  Social Group  The Saturday gathering is just for chat, but also arranges group outings to cinema, theatre, or whatever comes up.  Sunday Games  Liven up Sunday afternoon by learning a new game or playing an old favourite Includes Scrabble, Mah Jong, Backgammon, cards and a variety of mind-challenging board games. |  |
| Exercise & Fitness | Exercise — Seniors Circuit  The gym group meets up to five times a week for a workout circuit guided by a fitness professional.  Friday Talks  Through the year our Friday talks range over a wide variety of topics. Health and ageing naturally make a regular appearance.  Health and Weight Management  Would you like to meet with others to discuss health and weight issues or listen to the occasional presentation by a guest speaker? At Magnetic Island our members benefit from sharing issues with like-minded people and comparing notes on different matters, including related topics, such as money matters. And don’t overlook the benefits of working your lungs with the Recorder Ensemble or the U3A Singers  Tai Chi  Tai Chi helps improve muscular strength, flexibility and fitness. In Townsville, learn Tai Chi with professional teacher Geoff Ward. On Magnetic Island, you can choose Taoist Tai Chi – Chi Kung (Qiqong) or Tai Chi – Yang.  Walking Group  Come and join us to explore Townsville with fresh air and exercise. We walk at a pleasant pace that allows for chatting and stopping to see wildlife, mostly on walking paths. This is a very friendly social group that generally adjourns to a coffee shop afterwards. |  |
| History | History Group  The Historygroupis currently exploring a series of dynasties. The format is interactive, drawing on the expertise of various participants.  History topics are also popular items for Friday Talks. |  |
| International Folk Dancing | International Folk Dancing  International folk dancing is a form of dance which originates as a cultural expression from people around the world, at the level of the village, through the universal language of music, rhythm and movement. Gentle folk dancing ticks all the boxes for mental, physical, emotional and social wellbeing, with an emphasis on fun and laughter. |  |
| JCU classes | JCU classes  If you want to do a University subject without the hassle of passing an exam, JCU offers a special privilege to U3A Townsville members – to participate in some of their courses without paying for the course. Enrolments twice a year only, before the beginning of first semester and the beginning of second semester. We hold a briefing meeting twice a year before enrolment date. Make arrangement through Townsville U3A Liaison Officer (Lori) <ailsacraig33@gmail.com> |  |
| Languages | Indonesian  This progressing group has been studying Indonesian together for a number of years. Join us if you already have some facility with the language and wish to refresh or advance your knowledge.  French Conversation —Magnetic Island  Do you speak French or would like to revive long lost knowledge of spoken French? If you live or are holidaying on Magnetic Island, you are welcome to join our small group over a cup of coffee or tea. We meet at a local café, talking about everyday life and any topic comes to mind. Please note: we don’t teach written French.  French Conversation – Townsville  Join a group of mainly beginners to learn French from a native speaker, via hearing and speaking as well as reading. The friendly group is focused on French to help get by when travelling in France. Absolute beginners can arrange one-on-one tuition to help them integrate into the group.  Spanish – Magnetic Island  Our group meets weekly to practise conversation in Spanish and for beginners to learn Spanish in a friendly, supportive group. We have no teacher. We are an adult learning group using resources of members’ choice. Some members are fluent in Spanish but *nuevos miembros son bienvenidos* (new members are welcome).  Spanish – Townsville  You can join a new self-help group to learn Spanish in Townsville. More advanced speakers are welcome in the group to refresh and help us in our progress.  Russian  A new group for those who want to make a start with the language, and to earn about Russian culture with a native speaker. |  |
| Mah Jong | *See Cards & Games & Social* |  |
| Philosophy | Philosophy  Our group has an eclectic interest when it comes to ideas. They delve into the ancient thinkers to understand “life, the universe and everything”. Join this group if you like expressing your ideas in an open friendly forum, and listening to the ideas of others. |  |
| Science, Technology, Engineering, Mathematics (STEM) | STEM  Formed August 2017, U3A Townsville’s STEM group organises a program of guest speakers and short courses run by the members on topics in Science, Technology, Engineering and Mathematics. Members of the group choose a topic then identify guest speakers and learning resources. The group launched with a course on the Stars (Astronomy), followed by a series on Mathematics. A series on Botany begins in June. Join this dynamic group. Look to the future Join your mind and voice in lively discussion. |  |
| Scrabble | *See Cards, Games, Social* |  |
| Successful Investor | Tutorial classes are run on a semester basis, first semester starting at the beginning of the school year and second semester starting at the beginning of third school term (with a break for the mid-year school holiday).People from all walks of life meet to pit their wits against investment markets, exchange ideas and strategies, and with the aim to “make a quid”. Classes are mostly to do with share trading, value and growth investing, and the fundaments of technical analysis and research. In-class participation by members is actively encouraged. Occasional guest speakers give presentations on investment-related and financial topics. |  |
| Tai Chi Geoff Ward | *See Exercise & Fitness* |  |
| Magnetic Island brochures:  French Conversation  Health and Weight Management  Spanish Conversation  Recorder Ensemble  Tai Chi – Chi Kung exercise class  Tai Chi – Yang 85  U3A Singers | *All integrated into categories above* |  |
|  |  |  |
|  |  |  |

More Course Details:

       Name of group (or activity):**Tai Chi and Qi Gong**

         Day of the week: Tuesday and Friday

         Time: 0700

         Duration: 1 hour (members often arrive early between 0630 and 0700 to practice so on occasion class can start earlier)

         Place: Esplanade at Nelly Bay Magnetic Island between Kelly and Yates Streets

         Contact details; Name, email, phone number:**Peter Duckworth**, email:  [peteandtania4@gmail.com](mailto:peteandtania4@gmail.com); Ph: 47 581981

       Name of group (or activity):**Spanish Conversation**

         Day of the week: Thursday

         Time: 0930

                 Duration: 1.5 hours  
         Place: 8 Lilac St Nelly Bay Magnetic Island

         Contact details; Name, email, phone number:**Tania Thoreau**, email:  [peteandtania2@bigpond.com](mailto:peteandtania2@bigpond.com) ; Ph: 47 581981